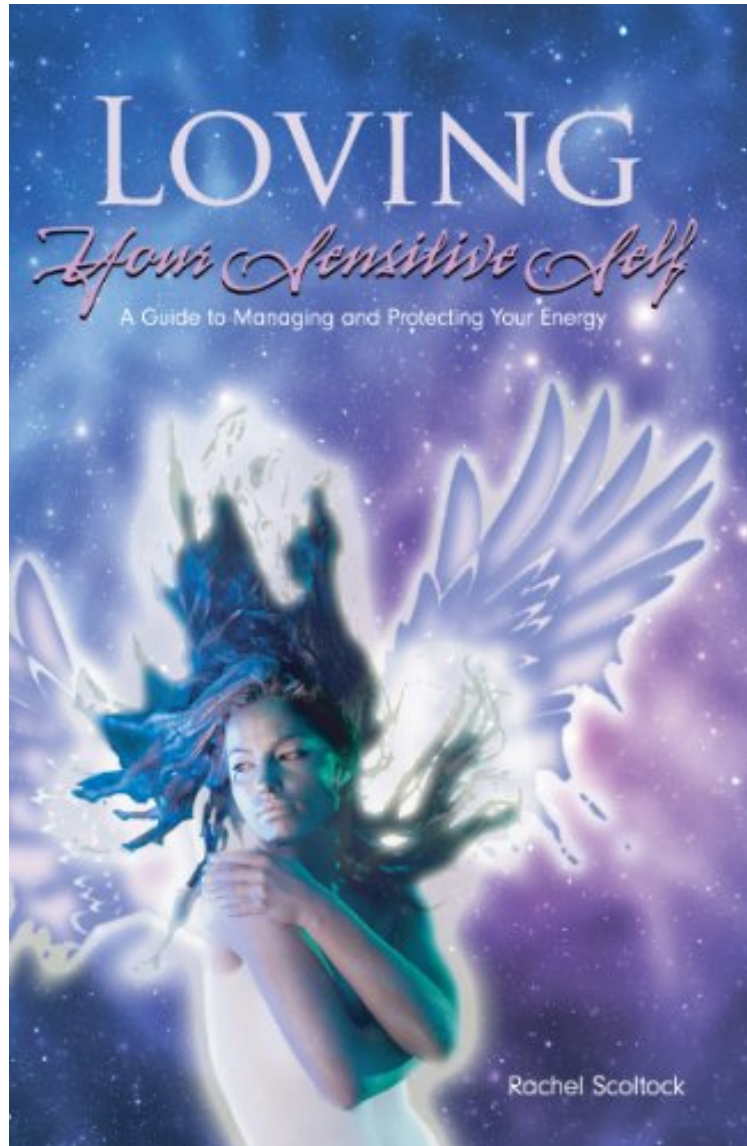


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## Loving Your Sensitive Self (English Edition)

Von Rachel Scoltock

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**Von Rachel Scoltock : Loving Your Sensitive Self (English Edition)** before purchasing it in order to gage whether or not it would be worth my time, and all praised Loving Your Sensitive Self (English Edition):

KundenrezensionenHilfreichste Kundenrezensionen0 von 0 Kunden fanden die folgende Rezension hilfreich. You look for happiness, more energy and more control in your life? - This book can open you the right door!Von DoortalksGet in positive harmony! This is the main message of wonderful book by Rachel.She gets you to look on yourself and in yourself. To check your choices. To decide for yourself what you want. All while working with your

sensitive self (which is nothing less than you yourself when you listen to the signals your senses show you). You will learn to clean your aura, to ground and to shield yourself. Also to connect to the universal source and keep your energy levels high. To protect your aura so it stays clean and intact. All while working with angels and other divine beings. The exercises in this book are well selected and Rachel offers different variations, so that everyone will find one that suits the best. I knew many of them already and I found it great to find them in one book, nicely packed in useful information with important facts and details and explanations. The first - and larger - part of the book offers a lot of theoretic background knowledge. It may feel like a long part but I do recommend to read it in full since it does include many explanations and real life cases that are useful to beginners as well as experienced readers. By the end of the book, after experiencing the angelic healing, you will feel reborn and will be glad you read this book! All in all I recommend "Loving your sensitive self" fully - it has powerful (and playful) exercises, useful info, five stars from me and it is very easy to read! Thank you, Rachel, for sharing your knowledge with us

Kurzbeschreibung Loving Your Sensitive Self is a uniquely insightful guide to uncover your intuitive, healing and psychic gifts, connect with angels and discover the secrets within your aura. It teaches you practical and esoteric methods to protect, manage and strengthen your energy field, to turn your sensitivity into the trusted guidance tool it is meant to be. Kurzbeschreibung Loving Your Sensitive Self is a uniquely insightful guide to uncover your intuitive, healing and psychic gifts, connect with angels and discover the secrets within your aura. It teaches you practical and esoteric methods to protect, manage and strengthen your energy field, to turn your sensitivity into the trusted guidance tool it is meant to be.