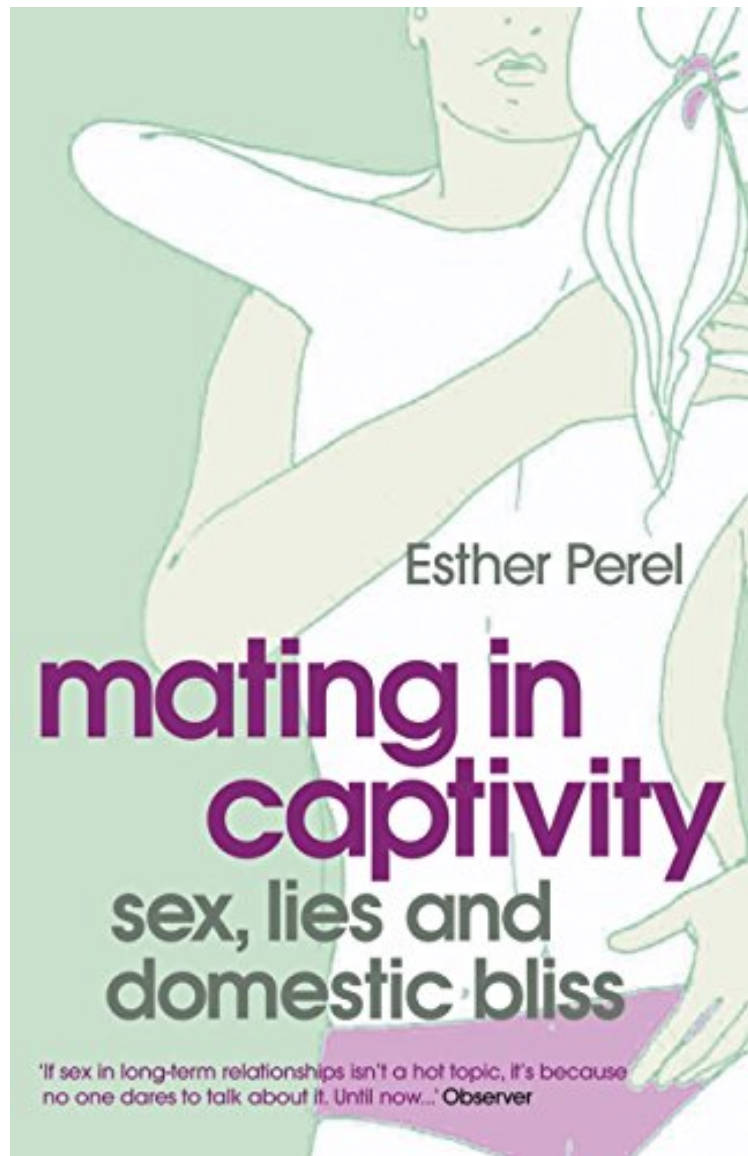


(Download free ebook) Mating in Captivity (English Edition)

Mating in Captivity (English Edition)

Von Esther Perel

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Von Esther Perel : Mating in Captivity (English Edition) before purchasing it in order to gage whether or not it would be worth my time, and all praised Mating in Captivity (English Edition):

KundenrezensionenHilfreichste Kundenrezensionen8 von 8 Kunden fanden die folgende Rezension hilfreich. Watch the TED talk to know if this is for you.Von Corina OrlingerI found out about the author and this book via TED talks. I recommend watching it, before buying the book, just so you know whether or not this is for you.Esther Perel talks

about the power of imagination, disguise and words in connection with sex and desire. She confirms the old "Distance makes the heart grow fonder" by suggesting to create emotional distance in order to stay interesting and desirable for the partner. Most of what she writes is common sense - in my opinion. Still, most couples will probably find something that will work for them. What might be true for everyone is opening up, being honest. Not just with your partner, but also with yourself. Don't sweep your feelings and fantasies under the carpet of everyday interaction. Why 4 stars instead of 5? After reading the book one might think that sex is the number one priority of every human being. I really hope the human race is not that hedonistic. After all, there are still other aspects of life. 2 von 2 Kunden fanden die folgende Rezension hilfreich. Helps you look at your relationship from a different perspective. Von bookworman99 Esther Perel's book does a good job of turning some fundamental ideas about relationships and relationship success on their head. I became aware of her via a TED talk that she gave recently about infidelity. Great talk, and that led me to buy this book. Her advice advocates that two people in a relationship must be allowed to maintain their autonomy and a bit of mystery BOTH if they want to be individually satisfied and if they want to continue to find each other attractive. She also gives many examples of patients from all different walks of life and all different ages so I can imagine that this book would be interesting to a very large audience. Really a must read for anyone who has been married / in a long-term relationship for more than 2 years and finds themselves moving away from the "head over heels in love" stage and into the "mature love" stage. She really clues you in to how relationships can happily exist long-term, and her answers are not necessarily those that I expected. 1 von 1 Kunden fanden die folgende Rezension hilfreich. A must read!!! Von HannaDE Eigentlich wird der Titel meines Erachtens dem Buch nicht gerecht, denn Perel hat einen eher Ganzheitlichen Ansatz der Intimität, sie bettet das rein Körperliche in den gesamten Kontext des Werdegangs und der Persönlichkeit. Am besten einfach selbst lesen, das ist es wirklich wert!!!

Kurzbeschreibung When you love someone, how does it feel? And when you desire someone, how is it different? In *Mating in Captivity*, Esther Perel looks at the story of sex in committed couples. Modern romance promises it all - a lifetime of togetherness, intimacy and erotic desire. In reality, it's hard to want what you already have. Our quest for secure love conflicts with our pursuit of passion. And often, the very thing that got us into our relationships - lust - is the one thing that goes missing from them. Determined to reconcile the erotic and the domestic, Perel explains why democracy is a passion killer in the bedroom. Argues for playfulness, distance, and uncertainty. And shows what it takes to bring lust home. Smart, sexy and explosively original, *Mating in Captivity* is the monogamist's essential bedside read. From Publishers Weekly Developed originally from an article she wrote on "erotic intelligence," psychotherapist Perel's first book sets forth a thesis for today's couples that is as revelatory as it is straightforward. Languishing desire in a relationship actually results from all the factors people look for in love and marriage: grounding, meaning, continuity. Partnerships are supposed to provide "a bulwark against the vicissitudes of modern life," Perel notes, and in one person we turn for all the emotional connections that the greater society (church, community, family) can no longer provide. Habit and certainty kill desire, yet how to live comfortably with the elements of unpredictability and risk that are necessary for healthy eroticism? Perel supports her nicely accessible work with case studies of couples both heterosexual and gay, spanning all ages, with kids and without, in an attempt to cure what ails their sex life. Some of the proposals Perel recommends for rekindling eroticism involve cultivating separateness (e.g., autonomy) in a relationship rather than closeness (entrapment); exploring dynamics of power and control (i.e., submission, spanking); and learning to surrender to a "sexual ruthlessness" that liberates us from shame and guilt. In short, Perel sanctions fantasy and play and offers the estranged modern couple a unique richness of experience. (Sept.) Copyright Reed Business Information, a division of Reed Elsevier Inc. All rights reserved. Pressestimmen 'At precisely the same moment that you're being shocked by her, you're also acknowledging the validity of her ideas. Perel's ideas are like the chorus of a really good pop song - instantly familiar because they resonate deeply. It's all rather terrifying in its intuitiveness and its pure rightness' -- Observer 'Reads like a cross between the works of Jacques Lacan and French Women Don't Get Fat' -- The New Yorker 'As revelatory as it is straightforward' -- Publishing Weekly 'Enormous fun' -- Sunday Times