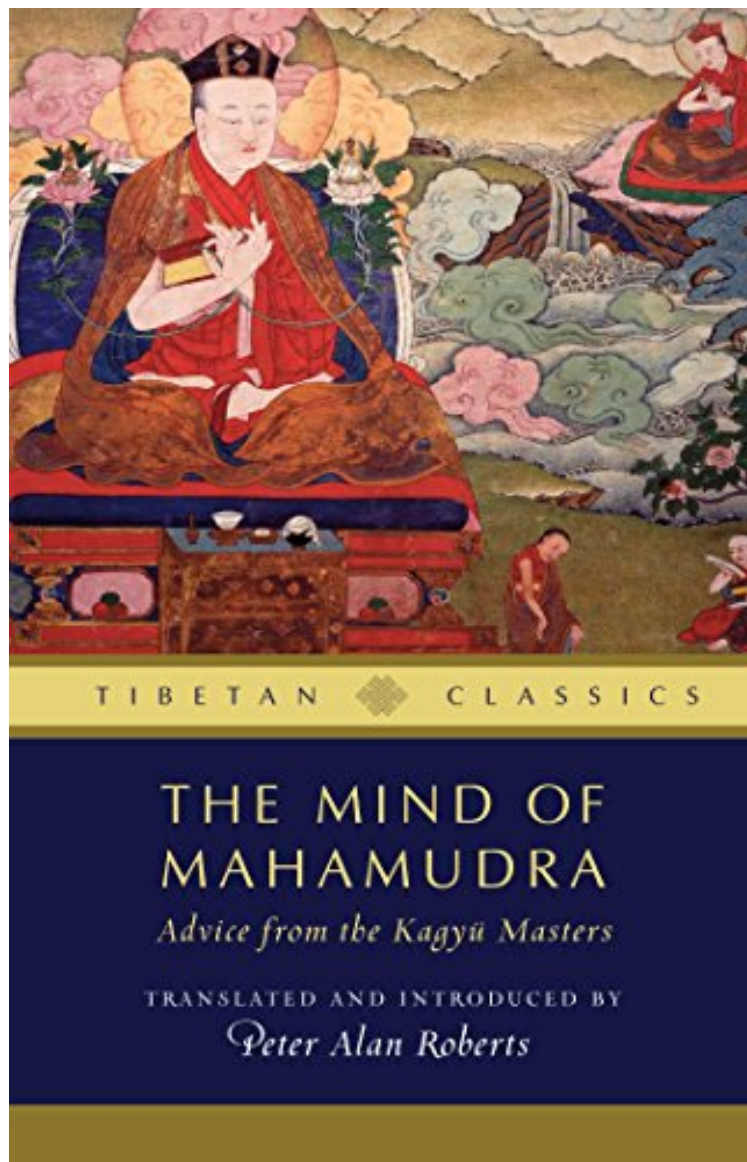


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## Mind of Mahamudra: Advice from the Kagyu Masters (Tibetan Classics Book 3) (English Edition)

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**Von Wisdom Publications : Mind of Mahamudra: Advice from the Kagyu Masters (Tibetan Classics Book 3) (English Edition)** before purchasing it in order to gage whether or not it would be worth my time, and all praised Mind of Mahamudra: Advice from the Kagyu Masters (Tibetan Classics Book 3) (English Edition):

KundenrezensionenHilfreichste Kundenrezensionen0 von 0 Kunden fanden die folgende Rezension hilfreich. Very nice book with concise instructions on MahamudraVon CustomerVery nice book with concise instructions on Mahamudra, which are very usefull.Very good choice of the texts which form the base for the Kagyu.

KurzbeschreibungThe Mind of Mahamudra is the third volume in the Tibetan Classics series, which aims to make available accessible paperback editions of key Tibetan Buddhist works drawn from Wisdom Publications' Library of Tibetan Classics.Enjoy six key texts on the cornerstone meditation practice of the Kagyu school of Tibetan Buddhism by some of its most celebrated forebearers. The Mind of Mahamudra highlights mahamudra, the central meditation practice of the Kagyu school of Tibetan Buddhism. The six texts range in date from the twelfth to the seventeenth century and include such celebrated authors as Lama Shang and the Third Karmapa. Mahamudra is essentially a simple, direct method for looking beyond our thoughts to the very nature of conscious experience. Mahamudra literally means "the great seal" and masters of this tradition have explained it to mean that everything is sealed with buddhahood, and there is no liberation to be attained other than what is already present. Mahamudra, it is said, is not attained not because it is too difficult, but because it is too easy; not because it is too far, but because it is too close; and not because it is hidden but because it is too evident. Because of its universality and directness, mahamudra meditation is particularly suited to the modern West. Eminent scholar Peter Alan Roberts draws on his thirty-plus years of experience of translating for Tibetan lamas to illuminate these benchmark translations.Pressestimmen"The simplicity, depth, and elegance of these translations brings this most profound of all meditative traditions to life, for the general reader and the practioner alike. Eloquent testimony to the boundless realization of these Kagyu meditation masters." (Reginald A. Ray, author of Touching Enlightenment)"Mind of Mahamudra offers the best of traditional contemplative literature in expertly crafted translation." (Kurtis R. Schaeffer, University of Virginia)"Quite simply, the best anthology of Tibetan Mahamudra texts yet to appear. It provides a point of entry into Mahamudra meditation as taught within the school for which it has been most important, the Kagy. The translations of essential texts by such great Kagy masters as Lama Shang, the Third Karmapa, Pema Karpo, and Tsel Natsok Rangdri are accurate, accessible, and informatively annotated. Mind of Mahamudra should be on the shelf of every student of Tibetan meditationand of everyone interested Tibetan Buddhism more generally." (Roger R. Jackson, Carlton College, editor of The Crystal Mirror of Philosophical Systems)"Mahamudra is at the very heart of the Kagy tradition, and these texts represent teachings from across the Kagy schools. As a growing number of English-speaking Dharma students have begun to study mahamudra, there is a great need for English versions of essential works. Peter Alan Roberts is to be commended for his clear and erudite translation and informative annotation of these six texts, which were selected by my own tutor, Khenchen Thrangu Rinpoche, himself a great scholar, teacher, and practitioner of mahamudra. I am certain this compilation will bring great benefit to many." (The Seventeenth Karmapa, Ogyen Trinley Dorje)KurzbeschreibungThe Mind of Mahamudra is the third volume in the Tibetan Classics series, which aims to make available accessible paperback editions of key Tibetan Buddhist works drawn from Wisdom Publications' Library of Tibetan Classics.Enjoy six key texts on the cornerstone meditation practice of the Kagyu school of Tibetan Buddhism by some of its most celebrated forebearers. The Mind of Mahamudra highlights mahamudra, the central meditation practice of the Kagyu school of Tibetan Buddhism. The six texts range in date from the twelfth to the seventeenth century and include such celebrated authors as Lama Shang and the Third Karmapa. Mahamudra is essentially a simple, direct method for looking beyond our thoughts to the very nature of conscious experience. Mahamudra literally means "the great seal" and masters of this tradition have explained it to mean that everything is sealed with buddhahood, and there is no liberation to be attained other than what is already present. Mahamudra, it is said, is not attained not because it is too difficult, but because it is too easy; not because it is too far, but because it is too close; and not because it is hidden but because it is too evident. Because of its universality and directness, mahamudra meditation is particularly suited to the modern West. Eminent scholar Peter Alan Roberts draws on his thirty-plus years of experience of translating for Tibetan lamas to illuminate these benchmark translations.